

April 5, 2000

Total Health Life Style Centers,
Box 4, 8B - Applecross Road,
Manaimo, B.C.
V9V 1N1

To Whom It May Concern:

I would like to thank the Poeples at Total Health Life Center for allowing me to be part of their Pilot Project for their Drug & Alcohol Laser Therapy Program.

I can honestly say that I would not have made my recovery without their help.

One of the biggest hurdles, someone like myself, has to face during Recovery is Anxiety & Stress.

There were several times during my treatment in Nanaimo that feeling Institutionalized & Anxiety-Stress related issues to my situation were unbearable - You really helped. THANK YOU. With your program, I was able to confront issues & continue with my Rehabilitation.

Without this Tool you provided me with, I would not have made it. God Bless & Thank You again.

Ken

